

 24 hrs				
Weight		 + 	 + 	kcal
3 kg	55 g	40 g	25 g	209
4 kg	70 g	50 g	30 g	266
5 kg	80 g	60 g	35 g	304
6 kg	90 g	65 g	40 g	342

 100g = 380 kcal